

# Attachment, Neurodevelopment & Psychopathology

Patricia McKinsey Crittenden, PhD



**COURSE OVERVIEW** This 3-day course covers the development, prevention, and treatment of psychological disorder. It weaves together theory, human development, assessment, case examples, and treatment applications to reframe maladaptive behavior in terms of strategies for self-protection. The course covers development from infancy to adulthood, emphasizing the process of adaptation and developmental pathways that carry risk for psychopathology. The model used, the Dynamic-Maturational Model (DMM) of Attachment and Adaptation, is relevant to individuals who are at-risk, have been exposed to danger, display disturbed or maladaptive behavior, or are diagnosed as having a psychiatric disorder. A particular emphasis is cultural influences on attachment.

**Who should attend?** The course is aimed at professionals who work with troubled families or individuals, including: therapists, developmental pediatricians, psychiatrists, psychologists, lawyers, social workers, teachers and nurses.



University of Iowa  
Stead Family  
Children's Hospital

Center for Disabilities  
and Development

September 19 - 21, 2018



## Patricia Crittenden

has many years experience as an academic and practitioner in the fields of child abuse, attachment theory, and family therapy. After her training with Mary Ainsworth, she served on the Faculties of Psychology at the Universities of Virginia and

Miami. She has held visiting positions at the Universities of Helsinki and Bologna, as well as the Clark Institute of Psychiatry (Canada), San Diego State University (USA), and Edith Cowan University (Australia). As the founder of the Family Relations Institute (FRI), she is well known for having developed the Dynamic-Maturational Model (DMM) of Attachment and Adaptation and is one of the founders of the International Association for the Study of Attachment (IASA). In 2004, she received a Career Achievement Award from the European Family Therapy Association. In addition, she has published more than 100 scientific papers and several books.



## Center for Disabilities and Development (CDD)

is dedicated to improving the health and independence of people with developmental disabilities and creating a life with opportunities for everyone.

Our patients often have complex physical, social and emotional needs, which is why we use an interdisciplinary team approach, bringing together the appropriate experts to help families find answers. At the heart of each team are the patient and family.

## The Attachment and Neurodevelopment

**Laboratory**, led by Dr. Lane Strathearn MBBS PhD, is located in CDD, and is funded by the National Institutes of Health. Ground breaking research has been performed in this lab using Crittenden's Dynamic-Maturational Model of Attachment and Adaptation.

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AGENDA

**Wednesday  
September 19**

## Overview of the DMM & Infancy

MORNING

- Neurological principles

AFTERNOON

- Infancy and parental protection
- The Ainsworth patterns of attachment
- CARE-Index videos of mother-infant interaction

**Thursday  
September 20**

## Preschool & Early Years

MORNING

- Formulating post-natal depression and psychosis
- Treatment in infancy
- Preschool development & DMM self-protective strategies
- Coercive self-protective strategies (externalizing & some internalizing problems)

AFTERNOON

- Compulsive self-protective strategies (internalizing & some externalizing problems)
- Sexuality, cross-generational transformations
- Treatment in the preschool years
- School-age development

**Friday  
September 21**

## Children, Adolescents, & Adulthood & DMM Integrative Treatment

MORNING

- School-age DMM protective attachment strategies
- Discourse analysis: The School-age Assessment of Attachment
- Somatic Problems
- Family Functional Formulations (FFF) for courts (IASA Family Attachment Court Protocol)

AFTERNOON

- Adolescence: Integrating sexuality with attachment
- Sexual disorders, sexual offending, victims of sexual mistreatment
- Adulthood: managing multiple relationships
- Summary of DMM protective attachment strategies
- DMM Integrative Treatment

## REGISTRATION

Register Early, Space is Limited.

Cost: \$425 for external attendees and \$375 for UI faculty & staff

Attendees will receive a 120-page conference syllabus, breakfast, lunch and snacks.

To register, [click here](#).